

The Society of Anaesthetists of the Southwestern Region



Minutes of the Annual General Meeting 6th November 2020

virtual meeting, hosted by Exeter

The meeting was opened by the President Dr Kathryn holder

20.01 Apologies for absence were received from Tom Barrett (TB), Johannes Retief, Gemma Nickols and Ed Morris (EM) (all watching from home).

20.02 Presidents remarks

Kathryn Holder (KH) regretted the cancellation of the Spring meeting, despite it being unavoidable. However, she was pleased that we were able to hold the autumn SASWR meeting, that was able to reach the whole region, even if not in person.

20.03 Minutes of AGM 22th November 2019

The minutes were accepted without comment.

20.04 Hon Sec Report

Once again the minutes from last years AGM, and the agenda for this year were circulated in advance, so hopefully everybody has had a chance to read them. If the audience had any comments they were invited to submit them on slid-o on the bottom of the screen. It has been an interesting year. It was a shame to cancel the spring meeting in Truro, but we are looking forward to next years spring meeting, which will be organised by the trainees, and hopefully will take place in person at the Headlands Hotel. We are hoping the first virtual meeting will be a success, despite losing the live element at the last minute. Hopefully you have all received an email telling you that my time as Hon Sec is at an end, so if anybody feels they could take on this vital role, please contact me. It has been an honour, good fun, and not a huge amount of work.

20.05 Hon Treasurers report

PD read out the report from TB. The accounts are slightly delayed due to personal circumstances affecting the accountant, but the balance is largely similar to last year. EM has almost handed over to TB. The move to online membership has been successful, although we still receive a few payments by standing order. We will try to contact these members, but if you know anybody who is likely to be in this position, please remind them to cancel their standing order.

20.06 Report from Editor of Anaesthesia Points West.

Mark Pauling, deputy editor, reported that due to covid, there was no spring edition of APW. However, there is a bumper edition for the

autumn. Thanks to all the linkpeople, especially for the covid reports. These will be interesting to look back on in the future. He reminded members that there is an option on the SASWR website to opt for an electronic only copy of APW. All submissions to the journal are welcome. Details can be found on the back of the journal or on the SASWR website.

20.07 Prizes and Awards

- (i) Presidents prize. This was awarded to the Exeter SASWR autumn meeting organising committee. KH commented on their outstanding achievement in pulling this meeting together. She also thanked Paula and Jane from the events company.
- (ii) SASWR Intersurgical Prize. This was awarded to Helen Williams at SASWR in November 2019.
- (iii) New Travelling Bursary. This was awarded to Madelaine Storey, for her travels to Devla, India. She will write a report for APW.

20.08 SWARM and STAR update

SASWR continues to support SWARM and STAR. Anna Ratcliffe sent a report from SWARM:

There is a surprising amount to report from SWARM despite Covid-19! Recruitment and data collection at Derriford and Torbay is now complete for COMPASS (Cognitive Monitoring in Planned Arthroplasty Surgery Study). This portfolio adopted feasibility study aims to use an online tool to map cognitive function in patients undergoing arthroplasty surgery and in matched controls. Data analysis will be starting soon.

AFAR (Accelerometers for Assessing Recovery) was born from the 2017 Research Training Symposium and this CRN portfolio study subsequently secured Anna Ratcliffe an Academic Clinical Fellowship. Anna presented the interim analysis and won the Hughes Medal at the BJA research forum in May 2019. The analysis and write up is now complete and the paper "Patient-centred measurement of recovery from day-case surgery using wrist worn accelerometers: a pilot and feasibility study", has been accepted for publication in *Anaesthesia* (e-publication ahead of print <https://doi.org/10.1111/anae.15267>).

Staff perception of inappropriate organ support is a survey-based SWARM study, which will be rolling out soon. This 2018 Hive study has gained ethical approval, but we are currently acquiring access to a secure central database. This is taking time as it requires the IT department to maintain the system and understandably is not their highest priority job amidst a pandemic! Having access to this database will be extremely useful resource for SWARM in years to come. Hopefully, data collection will commence later this year - we will be recruiting keen data collectors, analysers etc. soon!

LONG (long term survival following intensive care admission) is James Womersley's 2019 Hive winning pitch. This study is a retrospective analysis of patient outcomes following ICU admission and data collection is ongoing at sites around the South West.

SWARM ran a survey in conjunction with the CRN to help us better understand what trainees want to gain from involvement in trainee led research, and how to improve engagement both with SWARM and with CRN portfolio research. We have actively participated in RAFT surveys including Airways-3 study (which was published in the Journal of Intensive Care Medicine in August) and the Covid-19 Emergency Response Assessment.

Our Research Training Symposium was held virtually on 5th October 2020, after being postponed from our usual date in March. We had over 40 delegates, some excellent speakers, and good feedback from this event.

We had joint winning projects at the 2020 Research Training Symposium; Adam Brayne's idea is to perform a retrospective 10year case note analysis of patients in ICU following drowning/near drowning. He has piloted his data-collection tool in North Devon District Hospital, we have recruited local leads at each trust, and plan to commence data collection later this year. Vicky Lewis was joint winner with her Sustainable Anaesthesia idea. Off the back of this we plan to launch a Sustainable Anaesthesia Peninsula (SAP) network to champion environmentally friendly anaesthesia projects across the region. This will launch this autumn; we wish not to detract from the difficult work ahead of us this winter, but to give a bit of light relief and hopefulness about the future.

Current local leads are: George Graham (Torbay), Anna Perham (Taunton), Sarah Jarvis (Truro), Edit Chase (North Devon), Helena Jennison (Derriford) and Ciska Uys (Exeter). The committee has also had a few changes; Anna Ratcliffe is now Chairperson, Will Hare Treasurer, Vicky Lewis IT lead, and Harriet Daykin secretary.

SWARM Committee

Keep SWARMing! @ukswarm
<https://www.ukswarm.com/>

Katie Samuel sent a report from STAR:
Committee:

- Four new committee members appointed to replace outgoing team; Swati Gupta as Local lead liaison, Alex Jones as IT lead, Inthu Kangesan as Membership Secretary, and Yolande Squire as Treasurer.
- Recruitment for new Chair to replace outgoing ongoing currently
- STAR fellow at NBT started in August 2020 – Edward Lent.
- New STAR fellowship starting at BRI- for post F2 level doctors, based on ICU

Projects:

- Awarded RCoA and NIHR joint research award for national Trainee Research Network of the year at the end of 2019 – for outstanding contribution to NIHR portfolio studies.

- Perioperative Anaemia Management in Severn (PAMS) Project, a cross-site quality improvement initiative. Awarded SASWR intersurgical prize 2019, presented at the RCoA national conference 2019, and included as an example of collaborative working in the 2019 national PQIP report. Work ongoing to improve local level anaemia management perioperatively
- Perioperative vaping study developed following 2019 successful pitch - submitted for NIHR grant, awaiting outcome.
- Contribution to national CERA and AIRWAYS-3 trials through 2019- both published
- Ongoing contribution to national RAFT studies, as well as FLOELA study at multiple sites

Events:

- Annual Congress (June 2020) postponed due to COVID, along with trainee project pitch. Plan to develop virtual conference for early 2021_

20.09 Future Meetings

- (i) Trainee meeting, Headlands Hotel, June 17-18th 2021
- (ii) BRI autumn 2021 – date tbc

20.10 Announcement of new president

The committee proposed Dr Ted Rees as the next president

20.11 AOB

- (i) KH was sorry to report the deaths of 3 former SASWR presidents during the year; Dr John Powell, Dr Colin McLaren and Dr Trevor Thomas
- (ii) 50 members were present virtually

20.12 date of next AGM

Autumn meeting 2021, date tbc.

20.13. Installation of new president

KH formally handed over the presidency to Dr Colin Berry. CB thanked KH, and presented her, virtually, with a Bristol Blue Glass Decanter on behalf of the society.