

The Society of Anaesthetists



of the South Western Region

The Annual General Meeting of the Society will be held at the Autumn Meeting, hosted by Bath on 24th-25th November 2022 at The Apex Hotel.

Hon. Secretary P Valentine

AGENDA / NOTES

- 22.01 Apologies for Absence
Dr Matthew Baldwin - Peninsula Trainee Rep
- 22.02 President's Remarks
- 22.03 Minutes of AGM from November 2021
- 22.04 Hon Secretary's Report

It has been a great year for SASWR. Following on from a fantastic FTF meeting in Bristol last Autumn, the spring meeting in Cornwall was a great success. Really excellent programme and well attended. I have had some lovely feedback from attendees. There is also an ever growing trainee presence which is great to see. The return of face to face meetings has been so welcome and I personally have really enjoyed being able to see friends and colleagues, old and new from across the region. We are delighted to have a new trainee rep for peninsula, sadly he can't be here today. But working closely with Vicky Ormerod, they have already made an impression and are determined to continue to inspire our trainees to join this excellent society. Please see our website for new info about the society. I am very grateful to work with such a wonderful committee and would like to thank them for all their hard work and keeping the society working so well.

- 22.05 Hon Treasurer's Report- Dr Tom Barrett:

Our accounts have been completed and are ready for submission.

Reserves remain in good shape. However, as you can see from the accounts, we have an overall deficit of £4000 in the past year and consequently have slightly less reserve than last year (£77K). This is probably due to an increased payment in advance for the Spring meeting (50% deposit paid) and a portion of the Bath meeting paid within the tax year.

Conferences: Both Bristol and Cornwall made profits – thanks again to the hard work put in by the organisers for both excellent meetings.

The Bath meeting has been considerably more expensive but with good registration numbers and trade sponsorship. I anticipate that this will be run at a loss of between £5-10k. As the 75th anniversary conference, we feel that this is acceptable in order to have particularly dramatic venues and a memorable event.

Annual contributions have been made to Trainee groups: STAR, SWARM, SAP and SEASN. It is always good to hear how this financial support has been used by the groups.

Travel bursary has been awarded.

The Society has also produced a 75th Anniversary history which will be added to the publishing costs associated with APW, which is still produced in both electronic and hard copy versions

22.06 Report from the Editor of Anaesthesia Points West - Dr Johannes Relief

Thanks to Mark Pauling for his continued support as Assistant Editor and thank you to everyone who has contributed to the journal.

We are currently looking to recruit a new editorial team. Expressions of interest to be sent to the editor.

Reminder that members have the option of receiving an online copy only of the journal (this is done through your profile on SASWR website). Out of 455 active memberships, 163 (36%) request physical copies of the journal.

Please do let us know if the SASWR link person in your department changes as this is especially important when requesting News of the West articles.

For the 75th anniversary celebrations of SASWR we have produced an up to date separate "History of SASWR" booklet. As with APW physical copies will be sent to those who request this for APW and online copies will be made available via the website.

22.07 Prizes and Awards:

- (i) President's Prize(s) awarded by Ted Rees to Dr Katharine Sprigge! Congratulations.
- (ii) Travel Bursary - 2022 Helen Williams - currently in Zambia

- 2021 Junaid Fukuta - who is finally going away with the Mercy Ships in April. We look forward to hearing from them and sharing their experiences.

To be announced later during scientific meeting;

- (iii) SASWR Intersurgical Presentation Prizes
- (iv) SASWR Poster Prize
- (v) Humphry Davy Prize

22.08 SWARM/STAR/SAP/SEASN updates

STAR: Dr Suzanne Harrogate

This year STAR has gone from strength to strength.

We are extremely proud to be leading a national service evaluation exploring perioperative steroid supplementation (PREdS) which is currently running in over 70 sites across the UK. This project has three phases and will continue into the spring.

We also led the following projects regionally:

AEROCComp

OBS-TIVA

A service evaluation of anaesthesia for paediatric MRI

After a COVID hiatus, our annual conference returned this year in a new hybrid format and was a huge success. The prize winning Poster Presentation was given by Dr Connie Osbourne and Project Pitch was won by Dr Rebecca Powell. 45 trainees attended and enjoyed a variety of talks on topics related to research. The conference will return to its in person format for February 2023 and we hope to see many of you there.

We are also working on a new project in perioperative tobacco cessation, together with colleagues from the University of Bristol.

Thank you all at SASWR for your continued support. With your help, we are supporting your trainees to develop a passion for research.

SAP - Dr Stuart McPhail

Vicky Lewis, founder of SAP, has gained CCT and handed over the reins to Stuart McPhail and Rob Stabler.

-SAP has turned two years old and its inaugural project, 'Project Volatile' has matured and completed its initial aims of tracking 2y of volatile use and its reduction across all six sites in Peninsula. The means of data collection for this data at each site is now well established and ongoing and the data is available to local consultant leads. The reduction in volatile use over this time period, particularly of desflurane, the biggest climate offender, has been

heartening. We have continued to show a sustained reduction in the kg of CO₂ equivalent per hour of general anaesthetic. The work was presented by a team of SAP members at Anaesthesia 2022 in Manchester alongside an encouragingly high number of other sustainability entries. Efforts to have this work published are ongoing.

-Having made what we feel is the majority of the available gains (paediatrics notwithstanding) we are looking towards other projects beyond volatile use.

-Other projects currently underway by SAP members include reducing nitrous use and leaks (Derriford, RD&E), theatre ventilation and scavenging reduction (Derriford), waste segregation and recycling (RD&E), A38 car-pooling (Derriford).

-Our main aims for the future are to maintain and/or re-enthusiase keen, green trainees and consultants through two main routes:

1. Introduction of an annual free (/very low cost) symposia for anaesthetists and theatre staff across the Peninsula – this is important to maintain sustainability enthusiasm in the post-COVID/elective backlog era and also to share information from individuals running QIs at their local trusts with the wider region.
2. Establishment of the baseline sustainable practices (or not) of each of the six key trusts in the region and their current sustainability QIs. Much of the success in sustainability QIs (in our opinion) is the sharing of precedents and informal advice about how to clear bureaucratic/management hurdles which are likely to be in similar formats at each trust. By maintaining this resource we aim to smooth the ease with which teams of individuals can introduce carbon-saving measures at their trust as well as direct to the areas of sustainable 'weakness' at their trust.

-We remain very grateful for the funding of our work by SASWR members. The year past has been quiet in terms of SAP expenditures but it has been used for printing costs for the poster presentation at Anaesthesia in 2022, a contribution to the SWARM/SAP website running costs and a contribution to the SWARM Research Training Symposium which was attended by 40 subsidised trainees from across the region and included a very interesting talk from Jason Gandhi, the Association of Anaesthetists Sustainability Fellow. We intend to use the funds over the next year (including the surplus from the last) to subsidise attendance at the SAP Symposia in Spring/Summer 2023 and will also likely incur costs to update the SAP Sustainable Anaesthesia Infographics which have been displayed in theatre suites over the last 18m across the region.

22.09 Future Meetings

Spring 2023 - 18-19th May

Great Western Hospitals will be hosting at the Four Pillars Hotel,
Cotswold Water Park

Autumn 2023 - 23-24th November

North Bristol Hospitals will be hosting at M Shed, Bristol

22.10 Announcement of new SASWR president
Ed Morris

22.11 Any other competent business

22.12 Date of next AGM
23rd November 2023

22.13 Installation of new President
Congratulations to Dr Ed Morris.

Hon Secretary